

WAHAWK VOLLEYBALL CAMP

WEST HIGH SCHOOL

AUGUST 11-14, 2008

GRADES 9-12

SIDDENS GYMNASIUM

This camp is for all volleyball players entering grades 9-12 in the fall 2008. Camp times will be 12-2:30 pm for grades 9-10 and from 3:00-5:30 pm for grades 11-12. Camp instruction will be provided by the West High Staff and may include former West players as well as former collegiate players.

Campers will experience instruction in basic skills and techniques that will improve the knowledge and ability of each player. Players will be evaluated by skill level and instructed accordingly so that each player obtains the optimum experience from this camp. Participants will be instructed in individual skills of hitting, passing, digging, setting, and serving as well as being instructed in team concepts of both offense and defense.

The camp focuses on hard work, and the perfection of skills. This camp will prepare you for your season. Come join the fun! Get ready for the upcoming season! Learn some new skills. The cost for the four day camp is \$40 for four days of instruction and includes a camp T-shirt. Fill out the bottom of this letter and return today! Send the completed form with check to:

West High School
C/O Dave Hirsch
425 E. Ridgeway Ave.
Waterloo, IA 50702

Name _____ Grade (08-09) _____

Address _____ Phone _____

T-Shirt Size XS__, S__, M__, L__, XL__

Parent Release Statement: I hereby authorize the staff of the West Volleyball Camp to act in their best judgment for any emergency that may require emergency care that may arise while attending this camp. I agree to release the camp and its staff from any and all liabilities for any injuries or illness incurred while at this camp.

Parent Signature Required _____

Date _____